

## A guide to understanding injection site reactions and how to manage them

## What are injection site reactions?

A common side effect that may occur with KINERET® treatment is a skin reaction at the injection site. These are known as **injection site reactions.** 

- Symptoms at the injection site may include:
  - > Redness
  - > Swelling
  - > Bruising
  - > Itching and/or stinging





Most injection site reactions are mild and usually last about **2 to 4 weeks**. However, if you are concerned about an injection site reaction or any other side effect, talk to your healthcare professional.

Please refer to the *Patient Medication Information* leaflet provided with your medication for more information.



## Tips to help manage injection site reactions



> Take KINERET out of the refrigerator and allow to warm to room temperature before injecting



> Cool the site with a cold compress such as an ice pack for a few minutes - both before and after the injection



> Rotate sites to avoid soreness



> Avoid injecting into skin that is red, bruised, tender or hard



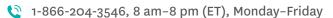
> Talk to your healthcare professional about over-the-counter medications, such as topical hydrocortisones or antihistamine creams



Remember, there are resources available to help you with administering KINERET. Visit **kineret.ca** or scan to watch a demonstration on the injection procedure.



If you have any questions about KINERET, contact Kineret ON TRACK™ Program via:





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