



# A guide to understanding injection site reactions and how to manage them

## What are injection site reactions?

A common side effect that may occur with KINERET® treatment is a skin reaction at the injection site. These are known as **injection site reactions**.

### ➤ Symptoms at the injection site may include:

- > Redness
- > Swelling
- > Bruising
- > Itching and/or stinging



Most injection site reactions are mild and usually last about **2 to 4 weeks**. However, if you are concerned about an injection site reaction or any other side effect, talk to your healthcare professional.

**Please refer to the *Patient Medication Information* leaflet provided with your medication for more information.**

## Tips to help manage injection site reactions



- > Take KINERET out of the refrigerator and allow to warm to room temperature before injecting



- > Cool the site with a cold compress such as an ice pack for a few minutes – both before and after the injection



- > Rotate sites to avoid soreness



- > Avoid injecting into skin that is red, bruised, tender or hard



- > Talk to your healthcare professional about over-the-counter medications, such as topical hydrocortisones or antihistamine creams



Remember, there are resources available to help you with administering KINERET. Visit [kineret.ca](https://kineret.ca) or scan to watch a demonstration on the injection procedure.

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If you have any questions about KINERET, contact Kineret ON TRACK™ Program via:



1-866-204-3546, 8 am–8 pm (ET), Monday–Friday



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